

Treatment options

Conservative treatments	Rest, ice, compression, elevation
OTC	Over-the-counter pain medication
Physical therapy	Exercises to strengthen and stretch
Injections	Administered by your physician
Minimally invasive treatments	TenJet™
Surgery	Surgery under anesthesia

FAQs

Will I feel pain during the procedure?

Your physician will recommend the type of numbing suitable for your procedure. You may feel some discomfort as the numbing is being administered and wears off.

How long will my recovery take?

Most patients see results after 2 weeks and continue to improve over the next 3 months. Results may vary.

Source: Dakkak M, et al. Cureus. 2023;15(8):e43972.

Is TenJet covered by insurance?

Tenotomy procedures are covered by Medicare and most insurance providers.

Talk with your doctor to see if a minimally invasive treatment with TenJet is right for you.

To learn more about TenJet, visit www.tendonpain.com

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TenJet™

A Minimally Invasive Treatment
for Chronic Tendinopathy

IMAGINE
Living Without Tendon Pain



HydroCision™

Introducing TenJet

TenJet is a small, needle-like device specifically designed to provide relief from chronic tendon pain.

Using TenJet, your physician targets and removes only the damaged tendon tissue while sparing the healthy tissue around it.

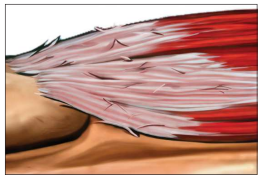
The procedure is done with a local numbing agent in an outpatient setting.

Tendonditis vs. Tendinosis



Healthy tendons

Strong, flexible bands of tissue needed to create movement.



Tendonitis

An inflamed tendon from an acute injury or strain. Can resolve itself with rest and physical therapy.



Tendonosis

Diseased tissue from the tendon being chronically damaged.

Is TenJet right for you?

Do you have chronic tendon pain in your shoulder, elbow, hip, knee, or foot?

- Has this pain affected your activity or quality of life for more than three months?
- Have you tried rest, physical therapy, or injections, and nothing seems to relieve the pain?
- If you have answered yes to any of these questions, you may have chronic tendinosis and should speak to your doctor about TenJet.

Explore TenJet as a quick and effective intervention to get back to an active and pain-free lifestyle.

Procedure Time/Place

The procedure typically takes 15-20 minutes in an outpatient setting.

Source: Dakkak M, et al. Cureus. 2023;15(8):e43972.

How long do results last?

TenJet has been shown to provide sustained healing.

Areas of treatment

**Shoulder | Elbow | Hip | Knee
Plantar Fascia | Achilles**



"The procedure was fast, not painful, and I felt relief very soon after. I wish I had known about it sooner... I am so grateful."

~ Terry A.

"I am so glad I did this... My Achilles pain is gone!"

~ Jenn Suhr,
Olympic gold medalist